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## Southwest Meatloaf w/Gravy

Dinner Roll; Mashed Potatoes

**Grill:** Regular or Spicy Chicken Patty, Fish Sandwich

**Made to Order:** Burger Bar

**Grab N Go:** Caesar Salad, Pretzel Stick Pack, Deli Sub

**Fresh Fruits and Veggies**

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## Custom Pasta Bar: Meatballs or Popcorn Chicken, Choice of Sauce

Tater Tots

**Grill:** Regular or Spicy Chicken Patty, Fish Sandwich

**Made to Order:** Taco/Nacho Bar

**Grab N Go:** Caesar Salad, Pretzel Stick Pack, Deli Sub

**Fresh Fruits and Veggies**

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## Early release Day

**Grill:** Regular or Spicy Chicken Patty, Fish Sandwich, Hotdog

**Made to Order:** Burger Bar

**Grab N Go:** Caesar Salad, Pretzel Stick Pack, Deli Sub

**Fresh Fruits and Veggies**

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## Disco Fries, Breadstick

French Fries

**Grill:** Regular or Spicy Chicken Patty, Fish Sandwich, Hot Dog

**Made to Order:** Taco/Nacho bar

**Grab N Go:** Caesar Salad, Pretzel Stick Pack, Deli Sub

**Fresh Fruits and Veggies**

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## Breakfast for Lunch: Cheesy Ham and Egg Pancake Panini

**Grill:** Regular or Spicy Chicken Patty, Fish Sandwich, Burger

**Made to Order:** Burger Bar

**Grab N Go:** Caesar Salad, Pretzel Stick Pack, Deli Sub

**Fresh Fruits and Veggies**

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## Country Popcorn Chicken Bowl

Mashed Potatoes

**Grill:** Regular or Spicy Chicken Patty, Fish Sandwich

**Made to Order:** Burger Bar

**Grab N Go:** Build your Own Pizza Pack, Hard Cooked Egg with Cheese and Crackers, Deli Sub

**Fresh Fruits and Veggies**

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## Breakfast for Lunch: Biscuits and Gravy with Sausage

Tater Tots

**Grill:** Regular or Spicy Chicken Patty, Fish Sandwich, Hot Dog

**Made to Order:** Taco/Nacho Bar

**Grab N Go:** Build your Own Pizza Pack, Hard Cooked Egg with Cheese and Crackers, Deli Sub

**Fresh Fruits and Veggies**

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## Early Release Day

**Grill:** Regular or Spicy Chicken Patty, Fish sandwich, Hot Dog

**Made to Order:** Taco/Nacho Bar

**Grab N Go:** Build your Own Pizza Pack, Hard Cooked Egg with Cheese and Crackers, Deli Sub

**Fresh Fruits and Veggies**

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## General Tso's Beef with Vegetables, Yellow Rice

French Fries

**Grill:** Regular or Spicy Chicken Patty, Fish Sandwich, Hot Dog

**Made to Order:** Burger Bar

**Grab N Go:** Build your Own Pizza Pack, Hard Cooked Egg with Cheese and Crackers, Deli Sub

**Fresh Fruits and Veggies**

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## No School

Staff Development Day

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## Salisbury steak with Brown Gravy Mashed Potatoes

**Grill:** Regular and Spicy Chicken Patty, Fish Sandwich

**Made to Order:** Burger Bar

**Grab N Go:** Chicken Caesar Salad with Breadstick; Ham and Cheese

Cubes with Crackers Pack; Deli Sub

**Fresh Fruits and Veggies**

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## Sweet and Sour Chicken, Rice; French Fries

**Grill:** Regular and Spicy Chicken Patty, Fish Sandwich

**Made to Order:** Taco/Nacho Bar

**Grab N Go:** Chicken Caesar Salad with Breadstick; Ham and Cheese

Cubes with Crackers Pack; Deli Sub

**Fresh Fruits and Veggies**

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## Early release Day

**Grill:** Regular and Spicy Chicken Patty, Hot Dog, Fish Sandwich

**Made to Order:** Burger Bar

**Grab N Go:** Chicken Caesar Salad with Breadstick; Ham and Cheese

Cubes with Crackers Pack; Deli Sub

**Fresh Fruits and Veggies**

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## Potato Crusted Fish, Bread Stick Tater Tots

**Grill:** Regular and Spicy Chicken Patty, Fish Sandwich

**Made to Order:** Taco/Nacho Bar

**Grab N Go:** Chicken Caesar Salad with Breadstick; Ham and Cheese

Cubes with Crackers Pack; Deli Sub

**Fresh Fruits and Veggies**

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## Country Chicken Bowl

Mashed Potatoes

**Grill:** Regular and Spicy Chicken Patty, Fish Sandwich

**Made to Order:** Burger Bar

**Grab N Go:** Chicken Caesar Salad with Breadstick; Ham and Cheese

Cubes with Crackers Pack; Deli Sub

**Fresh Fruits and Veggies**

# No School, Winter Break

## CHALLENGE YOURSELF:

KEEP ACTIVE

+ WALK MORE

+ ALL DAY

= A STRONG & FIT YOU

## Daily Offerings!

- Fruit & Vegetable Bar
- Cheese & Pepperoni Pizza
- Milk- Skim, Chocolate Skim, Unflavored Skim, Chocolate & Non-Lactose